National Development Program



Welcome to Tennis Australia's National Development Program (NDP), a pathway to professional tennis for athletes aged 11 to 17. The NDP equips these young athletes with the skills and knowledge to transition from junior to professional tennis.

Our program's success lies in the collective culture and character we cultivate. By prioritising key development and character elements, we create a supportive, innovative, and resilient cohort that excels on the international stage.

The NDP is available in all major capital cities across Australia, with experienced staff and a comprehensive network of Sport Science and Sport Medicine providers. We ensure that all your training and development needs are met.

Your journey toward becoming a tennis professional has begun, and there's a lot of hard work ahead. Rest assured, the Performance Team is here to support you every step of the way, helping you achieve your tennis dreams.

Let's get to work!

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Values

Our vision, values, and philosophy reaffirm Australia's proud tradition of excellence and respect, cementing its place as one of the world's leading tennis nations



Our why

Strive to be the best version of ourselves everyday Our Philosophy

Develop the Person:

In developing the person, we nurture courage by inspiring big dreams and playing with conviction. Professionalism is cultivated through a coachable mindset, emphasising effort over outcomes, managing emotions, and taking full ownership of one's actions and performance. Respect is built on humility, gratitude for opportunities, and a commitment to continuous growth

Develop the Player:

Our player development philosophy is centred on building trusted and longlasting relationships while creating personalised game plans for sustained success. We focus on skill, power, movement, and competitive drive, systematically enhancing each player's unique strengths to instil confidence and foster collaborative growth.

Shape the Culture:

We shape our culture by fostering collaboration, working as a multidisciplinary team with defined roles and the courage to engage in meaningful, challenging conversations. We model our core values through continuous growth and innovation. Driven by passion, we aim to inspire each player by focusing on their potential, empowering them to become more than they are today.



Our character attributes

Aligned to our philosophy and values, our character attributes enable our players to be the best version of themselves everyday



Effort over Outcome Valuing effort as the most important outcome



Humility & Respect Demonstrating humility,

being respectful and grateful for opportunities



Self-Regulation & Perspective

The ability to self regulate and maintain perspective



Honesty & Ownership

The willingness to be honest and take complete ownership



Act with Courage

The courage to dream big and do what's required no matter how you feel

Ourteam

We are a team of experts spanning multiple disciplines, including tennis coaching, sports science, sports medicine, wellbeing, leadership, and education. Our team boasts a proven track record of developing National and ITF Champions, through to Grand Slam champions and top-100 players.

Tennis Australia — Talent Development Team



Paul Vassallo Director of Talent



Ben Pyne National Development Program Manager



Rohan Fisher Tours, Camps and College Manager



Craig Tyzzer National Development

Program Lead



MELBOURNE Stephen Huss National Development Program Head Coach



SYDNEY

David Moore

National Development Program Head Coach





Sandon Solle

BRISBANE

Andrew

Roberts

Development Program Head

ADELAIDE

National

Coach

National Development Program Head Coach





CANBERRA

PERTH

Goran

National Development Program Head

Coach

Tom

Marijan

James Bolzonello National

HOBART

Development Program Head Coach

National Development Program Athlete Services

Michael Lloyd

National Psychology Manager

Ben Robertson National Well-being Manager

Jo Shinewell National Nutrition Manager

Kevin Sims

National Physiotherapy Manager

Dirks Spits

National Physical Development Manager

Renae Woods Dean of Students



Coaching services

As part of the National **Development Program** (NDP), you will be assigned a dedicated coach who will lead your development program. This coach will oversee your individual needs and act as the primary point of contact for your development team. They will create a tailored development plan, in consultation with key Tennis Australia Performance Team members, providing a clear path way for all stakeholders to ensure a unified understanding of the way forward.

Coaches will develop plans and reports for each assigned player as needed, including:

- Weekly training schedule
- Annual tournament plan
- Player development plan
- Individual player updates & reports
- Technical & tactical analysis
- Stakeholder meeting

Services

The National Development Program offers world-class training for players aged 11 to 17, and is designed to foster growth and success throughout their junior tennis journey, including ITF events and Junior Grand Slams. The program prepares players for the next step in our Performance pathway at the National Tennis Academy (NTA), where they transition into the professional ranks. We look forward to supporting players as they strive to represent Australia in the ITF World Junior Teams (14u), ITF Junior Billie Jean King & Davis Cups (16u),

compete at all four Junior Grand Slams, and ultimately achieve a professional ranking on the WTA or ATP tours.

The NDP is available in major capital cities across Australia, with a team of experienced staff and a comprehensive network of sports science and sports medicine providers. We are committed to fully supporting each player's training and development needs.

SERVIC<u>ES</u>

Performance Strategy

Strive to be the best version of yourself every day



Athlete Services

Creating environments that promote holistic development for enduring success



Performance Coach Development

Elevate coaching standards nationally to produce tracking and eventual Top 100/World Champ players



NDP Facilities

Facilities on offer for athletes include:





Canberra Tennis Centre Lyneham, Canberra

ACT



Queensland Tennis Centre Tennyson, Brisbane

QLD



SA Memorial Drive Tennis Club

North Adelaide, Adelaide



Homebush, Sydney



National Tennis Centre Melbourne

VIC

State Tennis Centre Burswood, Perth



Education

Education Policy

Tennis Australia recognises the importance of a child's education and encourages families to ensure their child receives the best education in a way that suits their individual needs. To reflect this, Tennis Australia has implemented a policy that prioritises education in a child's development.

All NDP scholarship athletes are required to complete their secondary education, as recognised by their respective state education department. It is also recommended that athletes who have completed Year 12 engage in part-time study or a personal development course to continue their growth.

Distance Education

Our Dean provides guidance to families regarding distance education (DE) options, tailored to the athlete's personal circumstances, family situation, and individual academic and tennis goals. The Dean works closely with staff to ensure a holistic approach to each athlete's development. Upon accepting an NDP scholarship, the Dean becomes the primary DE supervisor, assuming full responsibility for this role. The Dean also offers advice on subject selection, ensuring that athletes keep options open for potential US College eligibility. Athletes enrolled in DE are expected to meet the following minimum subject requirements:

- Years 9 and 10: English, maths, science, social science, and two electives (six subjects in total per year) to build the organisational and core skills needed for senior studies.
- Years 11 and 12: Athletes must meet the minimum requirements of their state education body to successfully complete Year 12 (including both ATAR and non-ATAR pathways).

Completion of Schoolwork

Athletes are required to meet all deadlines and DE requirements, including assessment tasks, weekly work submissions, and maintaining regular contact with teachers when traveling and unable to attend live lessons.

When touring in similar time zones, athletes are expected to prioritise attending live lessons whenever possible.

If an athlete falls more than two weeks behind in their schoolwork, their schedule will be adjusted to assist them in catching up. The NDP also uses school holidays as an opportunity to catch up on tasks, as well as plan ahead and begin future work, helping to reduce pressure during competition.



NDP Offerings



On-Court Training

- Sessions are structured to meet individual player needs
- Sessions may include small group training, utilising hitting partners
- Players on-court training schedules will be designed in collaboration with all relevant stakeholders, including family and private coaches



Daily Training Schedule

- Morning & afternoon on-court sessions: Small group training
- Individual needs: Focused, personalised training sessions based on player requirements
- Body preparation & recovery: Daily body management, strength & conditioning, and recovery sessions



Physical Training

- Customised strength & conditioning programs developed by specialist coaches, tailored to each player's training age, testing results, and game style.
- Training includes both gym-based and alternative physical activities.



Sport Science / Sports Medicine (SSSM)

- Access to expert Sport Science and Medicine services.
- Services complement training, addressing injury prevention, recovery, and overall player health.
- Provided on a needs-basis and can be accessed outside the program with prior arrangement.



NDP Technology Suite

Below are the range of technologies used by NDP staff - in particular the S&C team for physical testing and monitoring:





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Life Outside Of Tennis

While we understand tennis is important, we are also aware that there is more to life than the yellow ball! Led by our National Wellbeing Manager, Ben Robertson, we aim to provide all athletes with the opportunity to develop themselves as people.

The five pillars of the program are connection, mindfulness, physically active, learn and give, with each player individually monitored to ensure that they maintain a healthy wellbeing range.

By incorporating the Wellbeing Program into young athletes' schedules, we are

not only enhancing their performances but more importantly developing them as people.

Our mission within the Player Development team is to produce and support well-rounded players, and to do this we need to create an environment and culture that promotes development both on and off the tennis court.

Players will participate in numerous activities throughout the year across all five pillars and be supported by wellbeing mentors along the way.

Wellbeing Program

Developing emotionally healthy players, with a love of tennis, who embrace the opportunities and thrive on the challenges.



Connection

Make time for being with people you enjoy. Family and friends, people who support you and know you for who you are – not just as a tennis player. Be involved in the community.



Mindfulness

Be in the moment. Notice what's going on around you. Not always thinking about what might happen in the future, or dwelling on the past. Try meditation, Sudoko, board games, drawing, colouring, yoga, listening to music, puzzles, sit quietly listening to your breathing or go for a walk. Turn the screens off.



Physically Active

Try other sports or cross training to help with diversifying your friendship group, learning about rules and teamwork, freshening your mind and building you physically while avoiding overuse injuries. Go for a walk, dance, bike ride, skateboard or surf.

Learn

Keel tenn new cour

Keep an open mind and develop a growth mindset. Try things away from tennis. Learn an instrument, watch a documentary or a TED talk, try a new recipe, learn a language or basic phrasing, research customs of the countries you play in, learn to budget, know yourself and your values.



Give

Giving back to the community or others, makes you feel better. Start small, say thank you, open the door for others, compliment others, smile, ask if you can you help. Write a card to someone who has helped you, offer to cook or give flowers. Volunteer your time to a cause you respect or join a community group.



Scholarship Types



Full Scholarship This player is tracking internationally for their age group



Wild Card/ Connect Scholarship This player has been awarded a wildcard entry into the National Development Program



Support

Private coach driven program with Tennis Australia providing support through training, camps & tours, SSSM approved by NDP Manger / Head Coach in consultation with Private Coach.



Full & Wildcard

An NDP Full/Wildcard Scholarship includes the following services and benefits:

- An assigned Tennis Australia Coach Travel Support
- A full on-court tennis program
- Physical training & development
- Access to select sport science services
- Access to AMS & Teamwork apps
- Parent education
- Player development plans and tournament scheduling
- Travel support selected flights and accommodation of an approved schedule.

Support

Tennis Australia will support players working privately provided that programs and schedules are approved

This includes -

- Support from Tennis Australia Performance Team
- Access to NDP training and facilities
- Tours & Camps Support when selected on Tennis Australia's Tours

Players will receive a scholarship for a minimum of 12 months based on their performances throughout the year. At the conclusion of this period, each player will be reassessed against the relevant age criteria. Players must also maintain their commitment throughout the scholarship period to retain their status in the program.

From 2025 onwards, there will be four entry/exit points for scholarships into the National Development Program. If a player meets the criteria or gains a Wildcard Scholarship, they will be required to commence their new athlete agreement on one of these entry dates. A player can choose to backdate their agreement to start training immediately or wait until the next entry point to begin their training. These dates are aligned with the National Tennis Academy entry points.





Eligibility

Eligibility guidelines for each level of National Development Program support



NDP WILDCARD GUIDELINES

*Acts as a reference as to expectation to be	eligible for a wild card.				
BIRTH YEAR (BY)	RESULT	INTERNATIONAL/ NATIONAL RATING	IN TERNATIONAL RANKING	CHARACTER	SELECTION APPROVAL
		NDP - C	ONNECT		
11 th BY	Semi Finalist or better –				
EXPERIEN CE	12/U Nationals	Top 4 National UTR – March 1 & August 1	Top 50 International UTR		
12 ⁰ 8Y				Best Version of Self; Effort over Outcome; Humility	Final part of process. Head/Assigned coach present
EXPERIEN CE	Finalist or better – 12/U Nationals	Top 4 National UTR – March 1 & August 1	Top 50 International UTR	and Respect; Self-Regulation and Perspective; Honest and Ownership; Act with Courage; Committed	to panel on athletes. In presentation ADP's, schedules are covered.
13 ⁰ 87					
ESTABLISH	Semi or better – 14/U Nationals	Top 50 International UTR	Achieve ITF Ranking		
		NDP – W	ILD CARD		
14 th 8Y					
ESTABLISH	Finalist or better – 14/U Nationals or WJT selection				
15 th BY	Junior BJKC/ Davis Cup selection				
ACCELERATE		Top 50 International UTR	Top 50 International ITF BY Ranking	Best Version of Self; Effort over Outcome; Humility and Respect; Self-Regulation and Perspective; Honest and Ownership; Act with Courage; Committed	Final part of process. Head/Assigned coach present to panel on athletes. In presentation ADP's, schedules are covered.
16 th 8Y	Junior BJKC/				
ACCELERATE	Davis Cup selection				
17 th BY	1/4 Finalist or better at ITF M30 / W35 Pro Tour				
ACCELERATE	Event (or equivalent) (3 points M / 8 points W)				

NDP FULL BENCHMARKS

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- 6	en		

*Athlete must reach two benchmarks plus character to be eligible					
BIRTH YEAR (BY)	RESULT ANNUAL		RATING	CHARACTER	SELECTION APPROVAL
		NDP-C	DNNECT		
110	QF – 12s European Category 1 / Orange Bowl-IMG				
BY EXPERIEN CE	SF – 12s European Category 2 (or equivalent)			Best Version of Self; Effort over Outcome; Humility and Respect; Self-Regulation and Perspective; Honest and Ownership; Act with Courage; Committed	(
120	SF – 12s European Category 1 / Orange Bowl-IMG F – 12s European Category 2 (or equivalent)	Top 4 National UTR – March 1 & August 1	Achieve Top 10 – International UTR BY		Final part of process. Head/ Assigned coach present to panel on athletes. In presentation ADP's,
BY EXPERIENCE	P = 125 European Category 2 (or equivalent)				schedules are covered.
130	QF – 14s European Category 1 / Orange Bowl-Eddle Herr	Top 10 International ITF BY Ranking			
BY ESTABLISH	SF - 12s European Category 2 (or equivalent)				
		NDP-	FULL		
14th	SF - Orange Bowl-IMG SF - 14s European Category 2 F - 14s European	Top 850 (M) & 290			
BY ESTABLISH	Category 2 / Semi Finalist or better of ITF 1100 (or equivalent)	(F) Junior ITF or Achieve a WTA Ranking		Best Version of Self; Effort over Outcome; Humility and Respect; Self/Regulation and Perspective; Honest and Ownership; Act with Courage; Committed	Final part of process. Head/ Assigned coach present t to panel on athletes. In presentation ADP's, schedules are covered.
15th	Semi Final or better at ITF J200 or equivalent singles	Top 300 (M) & 100			
BY ACCELERATE	points at one event (100)	(F) Junior ITF or Achieve a WTA Ranking	Achieve Top 10 - International UTR BY		
16th	Reach a Grand Slam RD of 16 or better (or equivalent)	Top 90 (M) & 40 (F)			
BY ACCELERATE		Junior ITF or Achieve a ATP/WTA Ranking of 750			
17th	Finalist or better at ITF M30 / W35 Pro Tour Event (or	Top 10 (M) & 10 (F) Junior ITF or Achieve a ATP Ranking of 1200 / WTA			
BY ACCELERATE	equivalent) (16 points M / 23 points W)	Ranking of 600			

Selection Guidelines

NATIONAL DEVELOPMENT PROGRAM

Full (11th-17th Birth Year's)



Results Various results from top tiered international events

Ranking Top 10 international UTR in BY or World Ranking ITF, WTA, ATP

Rating Top 10 international

UTR in BY



Character Players must meet character behaviours to be eligible for selection (Refer to Player Development Matrix)

NATIONAL DEVELOPMENT PROGRAM

Connect (11th-13th BY's)



Results

Various results

from national

or top tiered

international

events



Top 50

ITF in BY

Ranking

international UTR/



Top 50

international

UTR in BY

Rating



Character

Players must meet character behaviours to be eligible for selection (Refer to Player Development Matrix)

NATIONAL DEVELOPMENT PROGRAM

Wildcard (11th-17th Birth Year's)



Results

Various results from national or top tiered international events



Rating

UTR in BY

international

Top 50

Ranking Top 50 international UTR/ ITF in BY



Character

Players must meet character behaviours. to be eligible for selection (Refer to Player Development Matrix)

(NATIONAL DEVELOPMENT PROGRAM)

Support (11th-17th BY's)



Results

Various results from national or top tiered international events



Ranking

Top 50 Top 50 international UTR/ international ITF in BY UTR in BY



Character

Players must meet character behaviours to be eligible for selection (Refer to Player Development Matrix)

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National Development Program



Ranking trajectories – Females

	Criteria	
Birth Year	WTA Ranking	ITF Junior Ranking
13		ITF ranking achieved
14		290
15	WTA ranking*	100
16	750	40
17	600	10
18	400	
19	275	
20	200	
21	150	
22	125	
23	100	



National Development Program



Ranking trajectories – Males

	Criteria	
Birth Year	ATP Ranking	ITF Junior Ranking
13		ITF ranking achieved
14		850
15		240
16	ATP ranking*	40
17	1200	10
18	900	
19	550	
20	350	
21	250	
22	200	
23	150	
24	125	
25	100	



Fee Structure

The National Development Program is heavily subsidized by Tennis Australia to ensure that talented athletes have access to top-tier training and development opportunities. There are several **NDP** scholarship options and available depending on the level of support this include. All levels of support require a contribution from the athlete's family. This contribution helps to covering your coaching support, training and Sport Science (SSSM).

NDP Full - \$3,750 per ¹/₄ **NDP WC** - \$5,000 per ¹/₄ **NDP Connect** - \$1,500 per ¹/₄ **NDP SUPPORT** - \$1,500 per ¹/₄



Contact details

Should you have any queries on the NDP, please contact:

Email ndp@tennis.com.au

DATE	WEEK	Events	2011 BY
30-Dec-24	1		
6-Jan-25	2		ITF J60 Christchurch
13-Jan-25	3		ITF J100 Wellington
20-Jan-25	4		ITF J100 Auckland
27-Jan-25	5		
3-Feb-25	6		
10-Feb-25	7		
17-Feb-25	8		ITF J30 Singapore
24-Feb-25	9		ITF J60 Singapore
3-Mar-25	10		
10-Mar-25	11		
17-Mar-25	12		WJT Girls Q's Kuching
24-Mar-25	13		WJT Boys Q's Kuching
31-Mar-25	14		
7-Apr-25	15		
14-Apr-25	16		14s Clay Nationals
21-Apr-25	17	1	J30 Melbourne ITF
28-Apr-25	18	2	J30 Melbourne ITF
5-May-25	19		
12-May-25	20		
19-May-25	21		
26-May-25	22		14s Camp Darwin ITF
2-Jun-25	23		14s Camp Darwin ITF
9-Jun-25	24		The camp bar with the
16-Jun-25	24		
23-Jun-25	26		
30-Jun-25	27		Exore Training
7-Jul-25	28		Europe WK 1
14-Jul-25	29		Europe WK 2
21-Jul-25	30		Europe WK 3
28-Jul-25	31		Europe WK 4
4-Aug-25	32	· ·	WJT Finals Czech
11-Aug-25	33		Wit Pinais Czech
	34		J200 Sydney ITF
18-Aug-25 25-Aug-25	34		J200 Sydney TF
1-Sep-25	35		2200 H3W IIF
	35		
8-Sep-25	37		
15-Sep-25			
22-Sep-25	39		100 64 177
29-Sep-25	40		J30 SA ITF
6-Oct-25	41		J30 SA ITF
13-Oct-25	42		
20-Oct-25	43		
27-Oct-25	44		
3-Nov-25	45		14s Masters
10-Nov-25	46		
17-Nov-25	47		J30 Perth ITF
24-Nov-25	48		J30 Perth ITF
1-Dec-25	49		Eddie Herr
8-Dec-25	50		14s Grass Nationals
15-Dec-25	51		Orange Bowl Jnrs
22-Dec-25	52		

Approved Schedule

As listed in the Tennis Australia Athlete Agreement, all costs of flight & accommodation will be covered by Tennis Australia for an approved schedule. Schedules will be reviewed quarterly to insure they meet the development needs of each individual athlete.

SCHEDULE